



SVMS SPORTS OVERVIEW

Cross Country: Boys & Girls in grades 3-8

Meets are held primarily on weekends with other Catholic schools. Boys and girls participate in the same meets and the team is entered in six meets. Distances are dependent on age: 3rd & 4th graders run approximately ½ mile, 5th & 6th graders run approximately 1.2 miles, and 7th & 8th graders run approximately 1.75 miles. Parents may pick their runners at the end of the race (no need to stay through the entire meet). The season runs from mid-September until early November.

Co-ed Volleyball: Grades 6-8

Volleyball practices and matches are held weekdays. Practices will be held after school and matches will be held in the evening. All matches will take place with other Catholic schools in the MCCVL (Morris County Catholic Volleyball League). The season runs from mid-September to early November.

Soccer: Boys & Girls in grades 6-8

SVMS offers a Middle School soccer program for both the boys and girls. Boys and girls in the 6th through 8th grade are eligible to participate. The season starts in September and ends with a tournament in mid-late October. Our SVMS Middle School teams will be playing other Public and Private Middle Schools that participate in the Greater Morris County Junior School Coaches Association league, including games against Delbarton, Oak Knoll, Assumption and Madison Junior School.

The First Tee Golf Program

1. Pee-Wee Golf (PK-2nd grade)

FUN introduction to golf using the specially designed SNAG golf equipment (short golf clubs with oversized club-heads and colored tennis balls). The 5 week program offered in the Spring & Fall covers the fundamental golf skills of Putting, Chipping, Pitching and the Full Swing. The program leverages The First Tee After-School DRIVE program (Develops Rewarding Inspiring Values for Everyone).

2. The First Tee Golf and Life Skills Player program (ages 7 and up)

Golf program for ages 7 and up, organized by our local First Tee Chapter of Raritan Valley (the class uses real golf equipment and is held at Golf facilities throughout the Raritan Valley area, with our nearest location at the Anchor Golf center on Route10). The 9 week program is offered in the Spring and Fall.

Pee Wee & Junior Basketball: Boys & Girls in Kindergarten-grade 4

Teams are formed by grade and are coached by parent volunteers. The focus is on introducing and improving basic skills. Practices normally begin with drills, followed by a friendly scrimmage between teams in the same grades. All practices are held for one hour on Saturdays during the time period between 8am and 1pm. The season runs from December-February.

Travel Basketball: Boys & Girls in grades 5-8 for MCCBL; 4th Grade Junior Travel Basketball

Teams are formed by grade and gender. Due to the heavy demand on the gym, practices are scheduled late afternoon and in the evenings, with later practice times normally allocated to the older grades. Games are in the evenings during the week and at all times during the weekend. Schedules will be provided by the team's coach. The season ends for teams in grades 5-8 with a Morris County Catholic Basketball League tournament called "March Madness" during the first two weeks of March. The full season runs November-March.

Street Hockey Club: Grades 4-8

First introduced in 2012, this club is extremely popular with our boys. Street hockey games are held in the SVMS parking lot after school from 3-4:15 pm one day per week. There will be approximately 6 sessions between January and March. Boys need to bring their own caged helmet, hockey stick, and gloves with grips. If you have any goalie equipment, you are asked to bring that as well.

Track & Field: Boys & Girls in grades 3-8

The SVMS track team participates in traditional track and field events such as short and long distance runs, shot put, and long jump. If practices are held, they will be held during the week after school and meets are usually scheduled on Sunday afternoons in the spring. The season runs from April-June.

Travel Softball: Girls in grades 6-8

SVMS plays in the MCCSL (Morris County Catholic Softball League). Practices and games are held weekdays after school. The season begins in mid-March and runs until May, when the season ends with a MCCSL Tournament.

Spring Baseball: Boys in grades 7-8

Twice-a-week practices as well as games are held after school on a 60-90 baseball field. The team plays local public, private, and Catholic schools in the Morris County Junior Schools Association League. The season runs from March until a playoff tournament at the end of May.

WE ARE LOOKING FORWARD TO ANOTHER GREAT YEAR. LET'S GO EAGLES!

Please direct any questions to Amy Nauta, SVMS Athletic Director: svmsathletics@gmail.com